Guide for New International Students







This information is for new international students who have joined the Cambridge High School International Buddy Programme (IBP). It lets you know what to expect from your buddy to help you feel a little more confident as you begin your participation in the programme

YOUR NEW BUDDY

Your buddy will be a current student who is interested in meeting and interacting with students from overseas. Your buddy's role is to be a friendly face and to help you.

Your buddy will:

- Contact you by email (or other social media) before you arrive in New Zealand
- Meet with you after you arrive in Cambridge
- Help you with your first days at school
- Introduce you to their friends and plan other activities with you during the term

We will do our best to match you with a buddy based your choices from your form. We will try our best to match up your ages, form level, and subject choices and interests.

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WHAT SHOULD I DO FIRST?

- Your buddy has been asked to email you first, so check your emails regularly.
- Remember to check your Spam or Junk mailbox in case the email from your buddy ends up there by mistake.
- Reply to your buddy as soon as possible so they know you have received their email.

WHAT IF MY BUDDY HAS NOT EMAILED ME?

If your buddy has not emailed you within a week of being matched with you, please try emailing them yourself. If you do not hear form your buddy within a week of emailing them, please contact the IBP Coordinator at chsinternational@camhigh.school.nz

WHAT SHOULD I EMAIL TO MY BUDDY?

If you are not sure how to begin your email, try these ideas:

- Start with an opening greeting or phrase—you could use a greeting from your native language and explain what it means in English.
- Write a little about yourself, what subjects you are hoping to study, where you are from, your hobbies and interests.
- Ask your buddy questions, such as: What are they studying? Where are they from—New Zealand or abroad? How long have they lived in Cambridge? What are their hobbies and interests?
- You can choose to share a few photos if you like, to introduce yourself and your home country, etc. Remember to think first about what information you want your buddy to know.
- Become friends on -line, if you feel comfortable.

HOW MUCH CONTACT SHOULD I HAVE WITH MY BUDDY?

Your buddy is expected to be active in the programme throughout the term. However, it is up to both of you to decide how you want to connect, and how much of your personal life you want to share.

If at any time you feel that your relationship is not working out, please email the IBP Coordinator at chsinternational@camhigh.school.nz

SOME USEFUL LINKS

 The CHS online Pre-Arrival Guide is full of useful information and written for new international students like you.

https://www.internationalstudents.school.nz/importantinfo

- Like the International Student Facebook page https://www.facebook.com/
 CHSNZInternationalStudents
 and stay up to date with IBP events and news.
- About Cambridge Town
 https://www.cambridge.co.nz/



Have fun with your Buddy ...

... and always remember we are here to help. If you have any worries contact the International Office at Cambridge High School.