



Cambridge swimming star Dan Caldwell nets more medals.

PHOTO: SUPPLIED

Swimmer brings home medals

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Cambridge High School year 13 student Dan Caldwell is enjoying a great 2015.

On the back of his first Swim NZ National Age Group title in May this year – where he won gold in the 17-18 year 100m freestyle event in a time of 52.14 – Caldwell has done it again.

This time, he secured two more national titles at the Swim NZ National Short Course Champs held in Auckland at the new “Sir

Owen Glenn Millennium Pool”.

He won gold in both the 50m and 100m freestyle events in Auckland, and took silver in the 50m breaststroke – an event in which he broke another Waikato Age Group record.

Caldwell also managed to reach his personal goal for this competition, which was to break 23.00 seconds for his 50m freestyle – he swam it in 22.88 sec. He also set a new personal best time in his 100m free with a time of 50.75sec, before breaking that again in the

men’s open final with a time of 50.62sec.

Caldwell was recently selected to Pathway to Podium, a nationwide athlete development programme.

He is one of only three Waikato swimmers to have been selected to this pathway this year.

With this year’s national championships now over, Caldwell is now focusing on his next big event – the Queensland Champs to be held in Brisbane in December.

This competition is a step-up from those he has done previously; he is expecting tough qualifying times.

He hopes to make his finals and gain a podium finish, but his main aim is to do new personal best times in all his events.

In the meantime he will continue his training regime with the help of his coach Carl Gordon at St Peter’s Swimming Academy, working towards his ultimate long term goal of the 2020 Olympics.